

Port of **Long Beach**

"Pulse of the Port" Video Series

Videos



Pulse of the Port



Latest Episode



About the Show

"Pulse of the Port," the Port of Long Beach's award winning half-hour video program, takes viewers behind the scenes at one of the world's busiest seaport complexes.

"Pulse" airs on Long Beach Television Channel 3 on Mondays at 7:30 p.m. and 11 p.m., Wednesdays at 7:30 p.m., Fridays at 7 p.m., Saturdays at 7:30 p.m., and Sundays at noon. Verizon FIOS subscribers can catch the program on Channel 21.